

# Foundation Roadmap, Scoreboard and Action Plan Summary

Consultation Draft
November, 2015.



# What are we trying to achieve?

#### Our Vision

Logan children at age 8 will be, overall, as **healthy and full of potential** as any other group of Australian children

#### Our Goal

Within 10 years we will have closed the gap in rates of healthy development for Logan children at age 8.

#### **Our BIG Results**

We'll know if we are making progress if we are closing the gap in the following areas:

BIG Result	Logan %	Kids 0-8 this was true for or would be true for? (est)	Qld %	% Improvement required to close the gap with Qld as a whole	Of all kids 0-8 how many do we need to help to close the gap? (est)
Healthy pregnancies					
Women smoking through pregnancy	13.6%	5,954	12.6%	7.3%	433
Women drinking through pregnancy	coming				
Women using drugs through pregnancy	coming				
Healthy at birth					
Babies born under 2,500g	7.4%	3,204	6.6%	11.0%	518
Babies born before 37 weeks	10.5%	4,547	9.3%	11.0%	345
On track at age 4/5					
Children vulnerable on 1 or more AEDC domains	29.3%	12,694	26.2%	12.8%	1,344
Children at risk but not yet vulnerable (avg across 5 AEDC domains)	16.2%	7,015	15.4%	4.9%	344
School ready					
Children not school-ready at Prep	33.5%	14,452	28.6%	14.0%	2,123
On track at school					
Students meeting national minimum standard	92%	39,853	94.6%	2.8%	1,126
Students in top 2 bands	17.98%	7,789	26.3%	46.3%	3,613

We'd also like to see improvement in new measures of attachment and bonding between babies and their parents and new measures for overall wellbeing in children at ages 3 and 8, but we must first begin to collect this data. When we have developed these measures, we'll add them to the Big Results list.

## The scale of the task

In 2016 there will be approximately 45,000 children under 8 years old living in Logan.

Logan is a prosperous and successful community and most of our children are already doing well, but we estimate that about 13,000 kids will need some extra help to reach their potential. That's more than you'd expect to see in a city the size of Logan.

This appears as a gap in how well our children are developing compared with state and national averages across a range of things that matter; things like Year 3 NAPLAN results and the Australian Early Development Census (AEDC), which tracks the overall wellbeing of Australian children at age four and five.

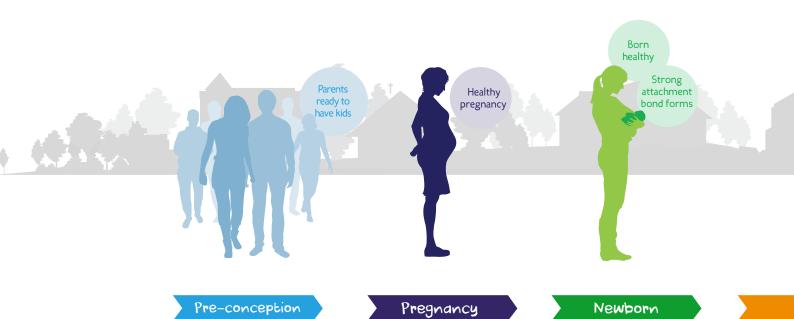


# Our plan to close the gap

To close this gap over the next decade, Logan Together will bring the community together to focus on a few important matters:

Focus on every child from before birth to Age 8	We will focus on <b>every child</b> from before they are born, through every critical stage of child development, until they reach 8 years old. We won't wait for children to encounter problems before we take action.	
We'll use a Collective Impact approach to get organised	Using a Collective Impact framework, we will <b>get organised</b> to ensure everyone who has a role to play in achieving our shared aims is involved. Community groups, local associations and faith groups, Government and non-Government partners, the business community and individual families and citizens all have a role to play.	
We'll focus on causes, not symptoms.	We'll go behind the issues and ask why they are happening. We'll work on the root causes and do the things that make for wellbeing in the long-term.	
Families are in charge	Parents and community members will <b>help lead</b> Logan Together and be involved in everything we do.	
We'll use the best research	We will make decisions based on the <b>best available science</b> about child development and the <b>strongest evidence</b> about what works.	
We'll be powered by data	We'll also use <b>detailed data</b> about our community to focus on the right things in the right places.	
We are not afraid to change	We'll celebrate the great work already going on in our community, but we won't be afraid to changes where it's going to make a difference. Where we make change, we'll do so carefully methodically.	
It's all about relationships	We know that the best way to assist families who need extra support is through <b>long-term trusting relationships</b> – with other families and with and between support providers. We also know that adults learn best when they are enjoying themselves and are with people they like. We'll invest in finding positive, fun ways to build those rewarding relationships.	

# Our Roadmap



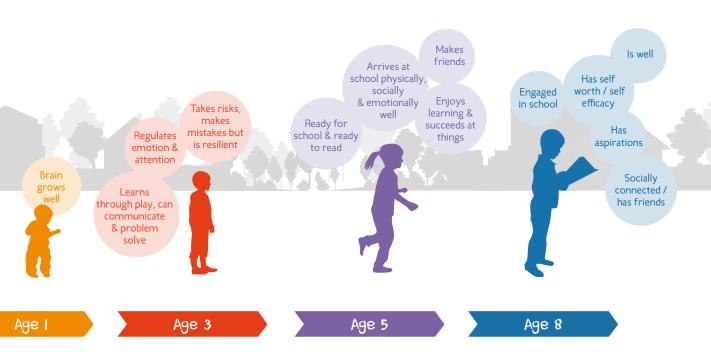
Big Results harmful habits in pregnancy down 7.3%

Babies born healthy up 11%

# Influencing factors

Across ages and stages

3			
Pre-conception	Pregnancy	Newborn	
Parents have or have had employment			
Parents have completed education			Regular reading
	No drinking, smoking or drugs during pregnancy		Authoritative but
		Kind attention, talking and play with p	arents builds langu
		Family has social connection and is in	volved in communi
		Parents have child development know	ledge and are confi
		Baby develops strong attachment witl	n at least 1 adult
			Child care service
	Mum is physically and mentally well so can play her vital care role		
		Breastfeeding for 6 months or more i	f possible
Across the lifecourse			
Stable safe place to live	Family has social and emotiona	l wellbeing Family has	material basics



2,650 more kids school ready at prep

12.8% more kids doing better on the AEDC

close the 11% gap in NAPLAN achievement

Age I	Age 3	Age 5	Age 8	
Early detection of	hearing, sight and speech problems leads	to right support		
	Attends kindergart for school	ten to get ready		
at home develops early	literacy & language skills & boosts learn	ing		
nurturing parenting helps toddler explore the world safely				
age skills		School attendance & learning prioritised at home		
ty via playgroups or similar		Has positive adult role models		
dent as first teachers				
		Child is fully immunised		
es provide high quality care and learning environments				
	Child is physically active			
Family members are loved and safe		Adequate nutrition	Parents have or will have work	



## **Big Results**



## Healthy pregnancies

Women smoking through pregnancy  $\sqrt{\phantom{0}}$  7.3%

Women drinking during pregnancy

Women using drugs during pregnancy



## Healthy at birth

Babies born under 2,500g  $\sqrt{11\%}$  Babies born before 37 weeks  $\sqrt{11\%}$ 



## On track at age 4/5

Children at risk but not yet vulnerable ↓ 4.9%

Children vulnerable on 1 or more AEDC domains  $\sqrt{12.8\%}$ 

Children vulnerable on 2 or more domains

Children on track - physical health

Children on track - social competence

Children on track - emotional wellbeing

Children on track - language and cognitive skills

Children on track - communication and general knowledge

## Big Influences

#### Universal factors

#### Household employment

% single parent households where youngest child is at school and parent is employed % two parent households with employment Community rates of long term unemployment

#### Housing security

% of households in insecure housing % of households in housing stress (>30% of income on housing)

#### Mental Health

Level of self-reported distress (ABS) + health system data

Parenting occurs when families are ready % of pregnancies to mothers under 20

#### Maternal education

# % of women completing at least year 12 prior to parenting

Young sole parent households % of sole parent households where parent under 25

#### Child abuse

% of substantiated cases of child neglect or abuse

#### Family violence

% of households with no report of family violence

#### Preganancy and early childhood factors

#### Ante natal care

% of families receiving at least 4 ante-natal care visits

% of families making 1st ante-natal visit in 3rd trimester

% of families attending ante-natal education

% of unbooked presentations for birthing

#### Mum's weight at conception

% of Mums with BMI over 25

#### Gestational diabetes

% of women with gestational diabetes

# Newborns requiring extra medical support

% babies admitted to ICN / SCN

#### Post-natal mental health

% of women (and men) with post natal mental health needs

#### Access to post natal support

% of families receiving agreed benchmark for support visits

#### Attachment

% of bubs forming secure bond of attachment with a primary care giver

#### Breastfeeding

% of children breastfed for 6 months or longer

#### Immunisation rates

% of children fully immunised at 3-4 years of age.

#### Oral Health

% of children hospitalised due to dental decay.

% of children with oral decay in primary

#### Learning support

% of children attending pre-school school readiness program such as kindergarten

% of children whose parents support their reading at home (AEDC)

% of children whose parents support learning at home (AEDC)

% of households with low English language proficiency

% of households with internet connection

#### Achieving child development milestones

% of children achieving agreed child development milestones sampled at agreed intervals

#### Healthy weight

% of children within a healthy weight range sampled at agreed intervals

Measures highlighted in light green have been identified as important by Logan Together stakeholders, but we haven't yet found an existing data collection that does the job. That may be because it doesn't exist or it does exist and we just need to keep looking for it.



## School ready

Children not school ready at Prep  $\sqrt{14\%}$ 



## On track at school

Reading - % national minimum standards

Reading - Top 2 bands

Punctuation and Grammar - % national minimum standards

Punctuation an Grammar - % Top 2 bands

Spelling - % national minimum standards

Spelling - % Top 2 bands

Persuasive writing - % national minimum standards

Persuasive writing - % Top 2 bands

Numeracy - % national minimum standards

#### Physical activity

% of children reaching physical activity benchmarks sampled at agreed intervals

#### Social and Emotional wellbeing of child

% of children reaching social and emotional wellbeing benchmark at Age 3

# Unresolved health issues at prep commencement

% of children with unaddressed hearing, speech, vision or general health issues

#### School age factors

#### Prep attendance

% of students attending prep

#### School attendance rates

% of students attending school

# Year 3 Social and Emotional Wellbeing Index

% of children reaching social and emotional wellbeing benchmark

#### Physical health

% of children with oral decay experience in permanent teeth

% of children who arrive at school with unresolved speech, hearing or vision problems

% of children attending dental checks

% of children receiving holistic development and

health checks at agreed intervals

# Not engaged or suspended from school attendance

% of children not engaged or suspended from school attendance by Year group

#### Additional measures

Logan Together stakeholders have said these issues are important, but we haven't yet defined how to measure them or if any relevant data collection exists:

#### Father engagement

Social connections for family

Access to play opportunities

Healthy relationships

Resilience

Family social and emotional wellbeing

Community participation

Healthy diet

#### Filling in the gaps

In coming years, we'd like to create the following new Big Results:

Parent-child attachment in the 0-1 age group

Resilience and developmentally on-track at age 3

Resilience and social and emotional wellbeing at age 8



## Prioritised strategies

Across different ages

#### Pre-conception

Expand parenting, fertility and relationships basics in high school

Create more options and incentives to complete education prior to parenting

Scale up mentoring and aspirations strategies

Expand social and emotional wellbeing programming for young people

Reduce smoking rates

#### Pregnancy

Newborn

Create universal access to continuity of care antenatal, birthing and post birth support

Improve engagement with maternity care by increasing birthing choices

Provide intensive anti-smoking, drinking and drugs support, particularly for Mum

Provide universal screening and effective support for pre and post birth social and emotional wellbeing issues

Boost social connection, ear

# Prioritised strategies

Across the lifecourse

Develop a city-wide parenting skills, child development, reproductive health & lifeskills campaign

Create community-based co-located service hubs

Develop a Logan Families Information Portal



Age 1

Age 3

Age 5

Age 8

Create school-based health, learning and support hubs for parents and younger siblings

Roll out Abecedarian approach in key settings

Boost attendance at high quality kindy programs and create kindy alternatives that cater for diversity

Improve kindy – school transition – progressing neighbourhood networks strategy Create school-based health and service hubs for attending students

Develop a student nutrition strategy

Further improve screening and rapid access to supports for kids with different learning requirements or special needs

Resolve role of play in the P-2 curriculum

Mount "Project Active" campaign

Roll out a strategy for universal early detection & support for hearing, vision, speech & development issues

Expand programs that build supportive home learning environments

learning & community participation through scaling up supported playgroups & mums & bubs groups & similar

Stage a community wide reading & language program

Improve implementation and uptake of social & emotional learning & resilience training as part of the curriculum

Expand targeted support to all parents under 19 years old

Develop a family housing strategy Create a joined-up family-centred support system that acts holistically

## Systems Reform Priorities

- Develop integrated strategic governance and decision-making backed by integrated data systems, reporting and accountability mechanisms
- · Family Engagement Team
- Develop the Logan Child Development Workforce Plan
- Undertake a service access review across priority services
- Develop a community-wide change management strategy
- Develop a conception to age 8 integrated health service delivery plan
- Support an integrated response to family violence, well linked to a joined-up family centred support system



## What happens next

We would like to know what you think of this consultation draft of the Foundation Roadmap. You can provide comment in writing by emailing a submission to info@logantogether.org.au by Christmas Eve - 24 December 2015.

There'll also be a number of presentations on the Foundation Roadmap happening in November and early December, so you might like to attend one of those and talk to us in person.

If you would like to get a group together for discussion, we'd be happy to attend. Just email info@logantogether.org.au with your request. All submissions, plus a response from us on what we did with your ideas will be posted on our website.

# The Logan Together Cross-sector Leadership Table

Once we have a chance to assess and integrate feedback, we'll produce a final draft of the Foundation Roadmap for the newly formed Cross-sector Leadership Table to consider. The Leadership Table will be the group who formally endorse the Foundation Roadmap and their first meeting is due to take place in mid-December.

# Industry Chapters, Citizen Panels and Action Groups

Once we have our Foundation Roadmap agreed, Action Groups will be formed around the project priorities to get things happening.

These Action Groups will be coordinated through several different Logan Together Chapters. We are setting up Chapters in the areas of Health, Education and Child and Family Services. We'll also use existing networks in the areas of Housing and Homelessness, Mental Health and Drug and Alcohol, Domestic and Family Violence, Disability and Employment and Training to coordinate Action Groups relevant to those agendas.

We'll be working to support a range of Citizen Panels that get community members and parents involved in the Action Groups and Chapters.

#### Taking action

As we get into delivering our Roadmap, three things are really important:

- We are serious about catering for every child. That doesn't mean
  we do things one way and every child has to fit in. It means
  catering meaningfully for diverse needs, cultures, lifestyles and
  worldviews. It means common principles but many different ways
  of getting the job done.
- 2. We do this together. The only way we are going to achieve our goals is to harness all the resources of the community and work collaboratively and respectfully towards progress. We need to invest in building relationships and finding out about the pressures and constraints that our Logan Together partners might experience. It means taking responsibility and helping out, not just saying what others should do. As a community we are good at coming together to get things done. Now we need to take it to another level.
- 3. We believe we can make things how they should be, not feel stuck with how they are.

Most parents want the very best for their kids, but unless you've had the chance to learn about child development, you don't always know the best things to focus on. Trying to get help can be a daunting process too.

If Logan Together can do something about that, then I'm in!

Angela, mother of 3



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